



Birth Plan Deviations

At our clinic, we honor and support your birth preferences. Your birth plan is a valuable tool that helps us understand your goals and values for labor and delivery. Our team is committed to doing everything we can to follow your plan and create a birth experience that aligns with your wishes.

However, childbirth can be unpredictable. There may be medical situations where immediate decisions are needed to ensure the safety of you and your baby. In those cases, it may be necessary to make adjustments that differ from your original birth plan. These changes are never taken lightly — they are made in response to circumstances that require timely action for your health and your baby's well-being.

If a deviation from your plan becomes necessary, we will always:

- Clearly explain what's happening and why
- Involve you in the decision-making as much as the situation allows
- Prioritize your comfort, dignity, and safety at every step

We encourage you to see your birth plan as a flexible guide, not a fixed script. Our shared goal is a safe, supported, and positive birth experience — even if it unfolds differently than expected.